come follow me

SCRIPTURE STUDY GUIDE

"Behold I say unto you that ye shall have hope through the atonement of Christ"

Moroni 7:41

March - The Atonement of Jesus Christ

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Welcome!

I'm so glad you're here. There is nothing that I love more than reading my scriptures, but I haven't always been great at it - it's a work in progress. When I was in high school I took a challenge from my seminary teacher to read my scriptures every day. He promised that life wouldn't get easier, but that our ability to navigate it would become more clear. He was right. I found that my happiest days always included reading my scriptures. And the more I read my scriptures, the more I found myself on my knees praying and building my relationship with my Heavenly Father. I wasn't perfect (I'm still not), but my testimony grew and life was good (and the challenges didn't go away but I made it through).

In a recent General Conference, Sister Bonnie L. Oscarson said, "We all need to seek to have our hearts and very natures changed so that we no longer have a desire to follow the ways of the world but to please God. True conversion is a process that takes place over a period of time and involves a willingness to exercise faith. **It comes when we search the scriptures instead of the Internet.** It comes when we are obedient to the commandments of God. Conversion comes when we serve those around us. It comes from earnest prayer, regular temple attendance, and faithful fulfillment of our God-given responsibilities. It takes consistency and daily effort."

Our efforts don't have to be huge. Instead, they just have to be sustainable and consistent. Gaining a testimony and being truly converted takes work - and it's work that will continue throughout our entire lives. I'm hoping this study guide will help you in your efforts to know Him personally, receive personal revelation to the questions you have, and build a testimony that is unshakeable. I promise, that it will be worth the effort!

IDEAS FOR EFFECTIVE SCRIPTURE STUDY:

- start where you are
- find a quiet place
- pray for help
- keep a scripture journal
- choose aspecific topic/question
- read conference talks on the same topic
- don't compare to others
- commit to reading every day

what is the Atonement of Jesus Christ?

ARTICLES & TALKS

"The Living Christ: The Testimony of the Apostles" see Personal Progress, 102
"The Master Healer," by Carole M. Stephens
"He Is Risen!" by Thomas S. Monson
"Is Faith in the Atonement of Jesus Christ Written in Our Hearts?" by Linda K. Burton
"Atonement of Jesus Christ," True to the Faith (2004), 14–21

SCRIPTURES

Matthew 26–27
Matthew 28:1–10
2 Nephi 9:6–16
Alma 7:11–13
D&C 19:16–19

The Atonement is the most important event in the history of mankind. What was the atoning sacrifice of Jesus Christ? What does the Atonement mean to you?

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what does it mean to have faith in Jesus Christ?

ARTICLES & TALKS

"Faith", Bible Dictionary
"Fourth Floor, Last Door," by Dieter F. Uchtdorf
"Faith Is Not by Chance, but by Choice," by Neil L. Andersen
"A Summer with Great-Aunt Rose," Dieter F. Uchtdorf
"Let Your Faith Show," by Russell M. Nelson
"Faith," Young Women Personal Progress (2009), 13–20
"Faith," True to the Faith (2004), 54–56

SCRIPTURES

James 1:5–6;
James 2:14–20
Alma 32:21, 26–43
Moroni 7:33–41
Esther 4–5;
Hebrews 11:4–9,
Hebrews 17–29
Alma 19;
Alma 56:45–48;
Alma 57:21
Ether 12:6–22
JS History 1:11–19

What examples of faith in Jesus Christ have you seen? How does faith in Jesus Christ influence your hope for the future?

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how can repentance help me every day?

ARTICLES & TALKS

"Repentance: A Joyful Choice," by Dale G. Renlund
"The Great Plan of Redemption," by Linda S. Reeves
"He Will Place You on His Shoulders and Carry You Home," by Dieter F. Uchtdorf
"Remembering in Whom We Have Trusted," by Allen D. Haynie
"Repentance," For the Strength of Youth (2011), 28–29
"Repentance," True to the Faith (2004), 132–35

SCRIPTURES

Isaiah 1:18
Mosiah 27:35
Alma 19:33
Alma 34:15–16
Alma 36:6–24
D&C 1:32
D&C 58:42–43

What experiences have you had with repentance? How has it brought you closer to your Father in Heaven & Jesus Christ?

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what is grace?

ARTICLES & TALKS

"Grace" Bible Dictionary,
"Am I Good Enough? Will I Make It?" by J. Devn Cornish
"The Gift of Grace," by Dieter F. Uchtdorf
"Bear Up Their Burdens with Ease," by David A. Bednar
"Grace," True to the Faith (2004), 77–78

SCRIPTURES

Ephesians 2:8–9
Philippians 4:13
2 Nephi 25:23
Jacob 4:6–7
Moroni 10:32–33

What does grace mean to you? How has feeling the power of Jesus Christ helped change your life?

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why do I need to forgive others?

ARTICLES & TALKS

"The Healing Ointment of Forgiveness," by Kevin R. Duncan
"Forgiveness," by Gordon B. Hinckley
"The Merciful Obtain Mercy," by Dieter F. Uchtdorf

SCRIPTURES

Matthew 5:44
Matthew 6:14–15
Matthew 18:21–35
Luke 23:34
D&C 64:9–10

What have you learned by forgiving others? Can you think of a time when forgiving someone has helped you feel peace and love?

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what is the resurrection?

ARTICLES & TALKS

"And There Shall Be No More Death," by Paul V. Johnson
"He Is Risen!" by Thomas S. Monson
"The Resurrection of Jesus Christ," by D. Todd Christofferson

SCRIPTURES

Luke 24
1 Corinthians 15
Alma 11:41–45
Alma 40–41

What do you know about the resurrection? What insights do we haveabout the resurrection from modern-day scripture?

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how can the Savior help me during my trials?

ARTICLES & TALKS

"Joy and Spiritual Survival," by Russell M. Nelson
"A Pattern for Peace," b W. Christopher Waddell
"Yielding Our Hearts to God," by Neill F. Marriott
"Strengthened by the Atonement of Jesus Christ," by Dallin H. Oaks
"Adversity," True to the Faith (2004), 8–11

SCRIPTURES

Isaiah 53:3–5
Matthew 11:28–30
Philippians 4:13
1 Nephi 17:3
Mosiah 23:21–22
Mosiah 24:8-17
Alma 7:11–13
Helaman 5:12
D&C 19:23
D&C 68:6

Think about the trials you have faced. How have you received strength through the Atonement?

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